

**INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person LANDAU DAVID A <small>(Last) (First) (Middle)</small>		2. Date of Event Requiring Statement (Month/Day/Year) 10/07/2021		3. Issuer Name and Ticker or Trading Symbol Life Time Group Holdings, Inc. [LTH]	
81 MAIN STREET <small>(Street)</small>				4. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input type="checkbox"/> X Director <input type="checkbox"/> X 10% Owner <small>Officer (give title below) Other (specify below)</small>	
WHITE PLAINS, NY 10601 <small>(City) (State) (Zip)</small>				5. If Amendment, Date Original Filed(Month/Day/Year)	
				6. Individual or Joint/Group FilingCheck Applicable Line <input type="checkbox"/> Form filed by One Reporting Person <input checked="" type="checkbox"/> Form filed by More than One Reporting Person	

**Table I - Non-Derivative Securities Beneficially Owned**

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	4,839,601	I	See footnote (1) (5)
Common Stock	3,676,491	I	See footnote (2) (5)
Common Stock	160,398	I	See footnote (3) (5)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

**Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			
Series A Preferred Stock	(4)	(4)	Common Stock	247,159	\$ (4)	I	See footnote (1) (5)
Series A Preferred Stock	(4)	(4)	Common Stock	180,744	\$ (4)	I	See footnote (2) (5)
Series A Preferred Stock	(4)	(4)	Common Stock	8,196	\$ (4)	I	See footnote (3) (5)

**Reporting Owners**

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
LANDAU DAVID A 81 MAIN STREET WHITE PLAINS, NY 10601	X	X		
LNK Life Time Fund, L.P. 81 MAIN STREET WHITE PLAINS, NY 10601	X	X		
LNK Partners III (Parallel), L.P. 81 MAIN STREET WHITE PLAINS, NY 10601	X	X		
LNK Partners III, L.P. 81 MAIN STREET WHITE PLAINS, NY 10601	X	X		
LNK Life Time GenPar, L.P. 81 MAIN STREET WHITE PLAINS, NY 10601	X	X		
LNK GenPar III, L.P. 81 MAIN STREET WHITE PLAINS, NY 10601	X	X		
LNK MGP III, LLC 81 MAIN STREET WHITE PLAINS, NY 10601	X	X		

**Signatures**

See signatures attached as Exhibit 99.1 10/07/2021  
Signature of Reporting Person Date

**Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Held directly by LNK Partners III, LP.
- (2) Held directly by LNK Life Time Fund, LP.
- (3) Held directly by LNK Partners III (Parallel), LP (together with LNK Partners III, LP and LNK Life Time Fund, LP, the "LNK Funds").
- (4) Each share of Series A preferred stock will automatically convert into common stock upon the closing of the Issuer's initial public offering in accordance with the Certificate of Designations pertaining to the Series A preferred stock. The Series A preferred stock has no expiration date.
- (5) Each of the LNK Funds is controlled by LNK GenPar III, L.P., and LNK Life Time GenPar, L.P., their respective general partners (together, the "General Partners"), and each of those is in turn controlled by David Landau, a director of Life Time, through LNK MGP III, LLC, of which I

**Remarks:**

Each of the LNK Funds are party to a Stockholders Agreement with other shareholders of the Issuer that (in addition to other rights and obligations) obligates the parties to vote in favor of certain designated nominees for election to the IS

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

**This statement on Form 3 is filed by:** (i) David Landau, (ii) LNK Life Time Fund, L.P., (iii) LNK Partners III (Parallel), L.P., (iv) LNK Partners III, L.P., (v) LNK Life Time GenPar, L.P., (vi) LNK GenPar III, L.P., and (vii) LNK MGP III, LLC.

**Name of Designated Filer:** David Landau

**Date of Event Requiring Statement:** October 7, 2021

**Issuer Name and Ticker or Trading Symbol:** Life Time Group Holdings, Inc. [LTH]

/s/ David Landau

David Landau

**LNK LIFE TIME FUND, L.P.**

By: LNK Life Time GenPar, L.P.  
its general partner

By: LNK MGP III, LLC  
its general partner

By: /s/ David Landau  
Name: David Landau  
Title: President

**LNK PARTNERS III (PARALLEL), L.P.**

By: LNK GenPar III, L.P.  
its general partner

By: LNK MGP III, LLC  
its general partner

By: /s/ David Landau  
Name: David Landau  
Title: President

**LNK PARTNERS III, L.P.**

By: LNK GenPar III, L.P.  
its general partner

By: LNK MGP III, LLC  
its general partner

By: /s/ David Landau  
Name: David Landau  
Title: President

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**LNK LIFE TIME GENPAR, L.P.**

By: LNK MGP III, LLC  
its general partner

By: /s/ David Landau  
Name: David Landau  
Title: President

**LNK GENPAR III, L.P.**

By: LNK MGP III, LLC  
its general partner

By: /s/ David Landau  
Name: David Landau  
Title: President

**LNK MGP III, LLC**

By: /s/ David Landau  
Name: David Landau  
Title: President

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