# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

# **SCHEDULE 13D**

Under the Securities Exchange Act of 1934 (Amendment No. 1)\*

# Life Time Group Holdings, Inc.

(Name of Issuer)

Common Stock, \$0.01 par value per share (Title of Class of Securities)

53190C102 (CUSIP Number)

Partners Group (USA) Inc.
1114 Avenue of the Americas, 37th floor
New York, NY 10036
Attention: Philip Wolf
Tel. (212) 908-2600
(Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)

August 14, 2024 (Date of Event Which Requires Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(e), Rule 13d-1(f) or Rule 13d-1(g), check the following box.  $\Box$ 

Note. Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See Rule 13d-7(b) for other parties to whom copies are to be sent.

\* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

1	NAME OF R	EPOR	TING PERSON			
	Destroys Cover Drivets Family (Master Family 11)					
2	Partners Group Private Equity (Master Fund), LLC  CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP					
		): 🗆				
3	S SEC USE ONLY					
4	4 SOURCE OF FUNDS					
	WC					
5						
6		P OR 1	PLACE OF ORGANIZATION			
	Delaware					
	Belaviare	7	SOLE VOTING POWER			
	UMBER OF		-0-			
I.	SHARES	8	SHARED VOTING POWER			
	NEFICIALLY OWNED BY					
,	EACH		3,122,345			
F	REPORTING PERSON	9	SOLE DISPOSITIVE POWER			
	WITH		-0-			
		10	SHARED DISPOSITIVE POWER			
			3,122,345			
11	AGGREGAT	E AM	OUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON			
	3,122,345					
12	, ,					
13	<del>-</del>					
14	1.5% (1) TYPE OF REPORTING PERSON (See Instructions)					
17						
	IV, 00					

<sup>(1)</sup> Based on 205,051,970 shares of Common Stock outstanding after the completion of the August 2024 Public Offering (as defined below), as reported in the Issuer's Prospectus Supplement on Form 424(b) filed with the Securities and Exchange Commission on August 13, 2024.

1	NAME OF REPORTING PERSON						
	Partners Group Private Equity II, LLC						
2							
	(a): ⊠ (b	): 🗆					
3	SEC USE ON	LY					
4	SOURCE OF FUNDS						
	WC						
5	CHECK IF D	ISCLO	OSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEM 2(D) OR 2(E)				
6	CITIZENSHI	P OR 1	PLACE OF ORGANIZATION				
	Delaware						
		7	SOLE VOTING POWER				
	HIM ADED OF						
N	IUMBER OF SHARES		-0-				
BE	NEFICIALLY	8	SHARED VOTING POWER				
	OWNED BY		6.00				
	EACH	9	6,862 SOLE DISPOSITIVE POWER				
R	EPORTING	9	SOLE DISPOSITIVE POWER				
	PERSON						
	WITH	10	-0- SHARED DISPOSITIVE POWER				
		10	SHARED DISPOSITIVE FOWER				
			6,862				
11	AGGREGAT	FΔM	OUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON				
11	AGGREGAT	L / 1.1VI	OUT DEADLIGHTED TO HALD BY EACH REPORTED OF EROOT				
	6,862						
12	,						
	CHECK II THE AGGREGATE ANIOUNT IN NOW (11) EACLODES CERTAIN SHARES (SEE IIISUUCIIOIIS)						
13		F CLA	SS REPRESENTED BY AMOUNT IN ROW (11)				
	TERCENT OF CENSORETRESERVED BY INDOUVERVEON (11)						
	0.0% (1)						
14							
	OO						

(1) Based on 205,051,970 shares of Common Stock outstanding after the completion of the August 2024 Public Offering (as defined below), as reported in the Issuer's Prospectus Supplement on Form 424(b) filed with the Securities and Exchange Commission on August 13, 2024.

1	NAME OF RE	EPOR'	TING PERSON				
	Partners Group Access 83 PF LP						
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP						
	(a): ⊠ (b): □						
3	SEC USE ONLY						
4	SOURCE OF FUNDS						
	WC						
5	5 CHECK IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEM 2(D) OR 2(E)						
6	CITIZENSHII	POR	PLACE OF ORGANIZATION				
	United Kingdo		COLE VOTING POWER				
		7	SOLE VOTING POWER				
	UMBER OF		-0-				
	SHARES NEFICIALLY	8	SHARED VOTING POWER				
(	OWNED BY EACH		215,482				
R	EPORTING	9	SOLE DISPOSITIVE POWER				
	PERSON WITH		-0-				
		10	SHARED DISPOSITIVE POWER				
			215,482				
11	AGGREGATI	E AM	OUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON				
	215,482						
12	CHECK IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES (See Instructions)						
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)						
	0.1% (1)						
14	TYPE OF REPORTING PERSON (See Instructions)						
	PN						

(1) Based on 205,051,970 shares of Common Stock outstanding after the completion of the August 2024 Public Offering (as defined below), as reported in the Issuer's Prospectus Supplement on Form 424(b) filed with the Securities and Exchange Commission on August 13, 2024.

1	NAME OF RI	EPOR'	TING PERSON			
	Partners Group Series Access II, LLC, Series 61					
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP					
	(a): ⊠ (b	): 🗆				
3	SEC USE ONLY					
4	4 SOURCE OF FUNDS					
	WC					
5	CHECK IF D	ISCLO	OSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEM 2(D) OR 2(E)			
6	CITIZENSHI	P OR 1	PLACE OF ORGANIZATION			
	Delaware					
	Delaware	7	SOLE VOTING POWER			
	III ADED OF					
IN	UMBER OF SHARES	8	-0- SHARED VOTING POWER			
	NEFICIALLY OWNED BY					
	EACH	9	2,584,659 SOLE DISPOSITIVE POWER			
R	EPORTING PERSON	9	SOLE DISPOSITIVE POWER			
	WITH		-0-			
		10	SHARED DISPOSITIVE POWER			
			2,584,659			
11	AGGREGAT	E AM	OUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON			
	2,584,659					
12	′ ′					
13		F CLA	SS REPRESENTED BY AMOUNT IN ROW (11)			
	1.3% (1)					
14						
	00					

<sup>(1)</sup> Based on 205,051,970 shares of Common Stock outstanding after the completion of the August 2024 Public Offering (as defined below), as reported in the Issuer's Prospectus Supplement on Form 424(b) filed with the Securities and Exchange Commission on August 13, 2024.

#### Item 1. Security and Issuer.

This Amendment No. 1 (this "Amendment") amends and supplements the Schedule 13D filed on October 22, 2021 (the "Initial Statement" and, as further amended by this Amendment, the "Schedule 13D"), and relates to the common stock, \$0.01 par value per share (the "Common Stock"), of Life Time Group Holdings, Inc. (the "Issuer"). Capitalized terms used but not defined in this Amendment shall have the meanings ascribed to them in the Initial Statement and unless amended hereby, all information in the Initial Statement remains in effect.

#### Item 4. Purpose of Transaction.

Item 4 of the Initial Statement is hereby amended and supplemented by adding the following at the end of Item 4 of the Initial Statement:

August 2024 Public Offering

On August 12, 2024, in connection with a registered public offering (the "August 2024 Public Offering") of Common Stock by the Issuer and certain stockholders of the Issuer, PG Master Fund, PG PE II, PG Series 61 and PG Access 83, together with the other selling stockholders named therein, entered into an underwriting agreement (the "August 2024 Underwriting Agreement") with the Issuer and Morgan Stanley & Co. LLC and BofA Securities, Inc. as representatives of the several underwriters listed on Schedule II to the Underwriting Agreement (the "August 2024 Underwriters"). Pursuant to the August 2024 Underwriting Agreement, on August 14, 2024, PG Master Fund, PG PE II, PG Series 61 and PG Access 83 sold 342,285, 752, 283,341 and 23,622 shares of Common Stock, respectively, at a price of \$20.88 per share.

August 2024 Lock-up Agreement

In connection with the August 2024 Public Offering, PG Master Fund, PG PE II, PG Series 61 and PG Access 83 entered into alock-up agreement (the "August 2024 Lock-up Agreement") with the August 2024 Underwriters. Under the August 2024 Lock-up Agreement, PG Master Fund, PG PE II, PG Series 61 and PG Access 83 agreed, subject to certain exceptions, not to offer, sell, pledge or otherwise transfer any shares of Common Stock for 90 days from the date of the 2024 Underwriting Agreement.

The foregoing descriptions of the August 2024 Underwriting Agreement and the August 2024 Lock-up Agreement do not purport to be complete and are qualified in their entirety by reference to the full text of the August 2024 Underwriting Agreement, which includes the form of the August 2024 Lock-up Agreement as an exhibit, and which is incorporated by reference to Item 7.

#### Item 5. Interest in Securities of the Issuer.

Item 5 of the Initial Statement is hereby amended and restated as follows:

The information set forth in or incorporated by reference in Items 2, 3 and 4 and on the cover pages of this Schedule 13D is incorporated by reference in its entirety into this Item 5.

(a)-(b) As of the date hereof, PG Master Fund holds 3,122,345 shares of Common Stock, representing approximately 1.5% of the issued and outstanding shares of Common Stock, PG PE II holds 6,862 shares of Common Stock, representing approximately 0.0% of the issued and outstanding shares of Common Stock, PG Series 61 holds 2,584,659 shares of Common Stock, representing approximately 1.3% of the issued and outstanding shares of Common Stock and PG Access 83 holds 215,482 shares of Common Stock, representing approximately 0.1% of the issued and outstanding shares of Common Stock.

As a result of the foregoing and the relationships described in Item 2(a) of this Schedule 13D, the Reporting Persons may be deemed to beneficially own an aggregate of 5,929,348 shares of Common Stock, representing approximately 2.9% of the issued and outstanding shares of Common Stock.

Ownership percentages set forth in this Schedule 13D are based upon a total of 205,051,970 shares of Common Stock outstanding after completion of the August 2024 Public Offering, as reported by the Issuer in the prospectus supplement relating to the August 2024 Public Offering, filed with the Securities and Exchange Commission pursuant to Rule 424(b) under the Securities Act on August 13, 2024.

In addition, as discussed in Item 2 above, by virtue of the agreements made pursuant to the Stockholders Agreement, the Voting Group members may be deemed to be acting as a group for purposes of Rule 13d-3 under the Exchange Act. Shares beneficially owned by the other members of the Voting Group are not the subject of this Schedule 13D and accordingly, none of the other members of the Voting Group are included as reporting persons herein.

- (c) On August 14, 2024, pursuant to the August 2024 Underwriting Agreement, PG Master Fund, PG PE II, PG Series 61 and PG Access 83 sold 342,285, 752, 283,341 and 23,622 shares of Common Stock, respectively, at a price of \$20.88 per share in the August 2024 Public Offering.
- (d) Except as stated within this Item 5, to the knowledge of the Reporting Persons, only the Reporting Persons have the right to receive, or the power to direct the receipt of, dividends from, or proceeds from the sale of, any of the shares of Common Stock beneficially owned by the Reporting Persons as described in this Item 5.
- (e) Not applicable.

# Item 6. Contracts, Arrangements, Understandings or Relationships with Respect to Securities of the Issuer.

Item 6 of the Initial Statement is hereby amended and supplemented by adding the following at the end of Item 6 of the Schedule 13D:

The descriptions of the August 2024 Underwriting Agreement and the August 2024 Lock-Up Agreement in Item 4 above are hereby incorporated by reference into this Item 6.

# Item 7. Material to be Filed as Exhibits.

Item 7 of this Schedule 13D is hereby amended and supplemented as follows:

No. Description of Exhibit

Underwriting Agreement, dated August 12, 2024 (incorporated by reference to Exhibit 1.1 to the Current Report on Form8-K filed by the Issuer with the Securities and Exchange Commission on August 14, 2024)

# **SIGNATURES**

After reasonable inquiry and to the best of my knowledge and belief, each of the undersigned certifies that the information set forth in this Schedule 13D is true, complete and correct.

Dated: August 16, 2024

# PARTNERS GROUP PRIVATE EQUITY (MASTER FUND), LLC

By: Partners Group (USA) Inc. its member and investment manager By: Partners Group AG, under power of attorney

By: /s/ Janel Gruber-Stevens Name: Janel Gruber-Stevens Title: Authorized Signatory

By: /s/ Hayley Elliot
Name: Hayley Elliott
Title: Authorized Signatory

# PARTNERS GROUP SERIES ACCESS II, LLC, SERIES 61

By: Partners Group US Management II LLC, its manager By: Partners Group AG, under power of attorney

By: /s/ Janel Gruber-Stevens Name: Janel Gruber-Stevens Title: Authorized Signatory

By: /s/ Hayley Elliot Name: Hayley Elliott Title: Authorized Signatory

# PARTNERS GROUP PRIVATE EQUITY II, LLC

By: Partners Group US Management II LLC, its manager By: Partners Group AG, under power of attorney

By: /s/ Janel Gruber-Stevens Name: Janel Gruber-Stevens Title: Authorized Signatory

By: /s/ Hayley Elliot Name: Hayley Elliott Title: Authorized Signatory

# PARTNERS GROUP ACCESS 83 PF LP

By: Partners Group Management (Scots) LLP, its general partner

By: /s/ Janel Gruber-Stevens Name: Janel Gruber-Stevens Title: Authorized Signatory

By: /s/ Hayley Elliot
Name: Hayley Elliott
Title: Authorized Signatory