

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person - SIMON PROPERTY GROUP INC /DE/ (Last) (First) (Middle) 225 WEST WASHINGTON STREET (Street) INDIANAPOLIS, IN 46204 (City) (State) (Zip)		2. Issuer Name and Ticker or Trading Symbol Life Time Group Holdings, Inc. [LTH]		3. Date of Earliest Transaction (Month/Day/Year) 10/12/2021		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ Officer (give title below) _____ 10% Owner <input checked="" type="checkbox"/> _____ Other (specify below) _____	
4. If Amendment, Date Original Filed(Month/Day/Year)		6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person _____ Form filed by More than One Reporting Person <input checked="" type="checkbox"/>					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	10/12/2021		C		99,014	A	(1)	2,099,014	I	See footnote (2)
Common Stock	10/12/2021		P		512,820	A	\$ 18	2,611,834	I	See footnote (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Series A Preferred Stock	(1)	10/12/2021		C		80,393		(1)	(1)	Common Stock	99,014	(1)	0	I	See footnote (2)	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SIMON PROPERTY GROUP INC /DE/ 225 WEST WASHINGTON STREET INDIANAPOLIS, IN 46204		X		
SIMON PROPERTY GROUP L P /DE/ 225 WEST WASHINGTON STREET INDIANAPOLIS, IN 46204		X		
SLT Investors, LLC 225 WEST WASHINGTON STREET INDIANAPOLIS, IN 46204		X		

Signatures

/s/ Steven E. Fivel, as Secretary and General Counsel of Simon Property Group, Inc. <small>Signature of Reporting Person</small>	10/14/2021 <small>Date</small>
/s/ Steven E. Fivel, as Secretary and General Counsel of Simon Property Group, Inc., the general partner of Simon Property Group, L.P. <small>Signature of Reporting Person</small>	10/14/2021 <small>Date</small>
/s/ Steven E. Fivel, as Secretary and General Counsel of SLT Investors, LLC <small>Signature of Reporting Person</small>	10/14/2021 <small>Date</small>

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each share of Series A preferred stock automatically converted into common stock upon the closing of Life Time Group Holdings, Inc.'s initial public offering in accordance with the Certificate of Designations pertaining to the Series A preferred stock.
- (2) The shares of Common Stock and Series A preferred stock are directly held by SLT Investors, LLC, a wholly-owned direct subsidiary of Simon Property Group, L.P. Simon Property Group, Inc. is the sole general partner of Simon Property Group, L.P.

Remarks:

The Reporting Persons may be deemed to be members of a "group" for the purposes of the Securities Exchange Act of 1934 by virtue of being a party to the Life Time Group Holdings, Inc. Third Amended and Restated Stockholders Agreement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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